

**Psalms Bible Reading in One Year**

<b>date</b>	<b>verses</b>	<b>memory verse</b>	<b>date</b>	<b>verses</b>	<b>memory verse</b>
January 4 - 10	Psalms 1-3		June 28 - July 4	Psalms 76-78	
January 11 - 17	Psalms 4-6		July 5 - 11	Psalms 79-81	
January 18 - 24	Psalms 7-9		July 12 - 18	Psalms 82-85	
January 25 - 31	Psalms 10-12		July 19 - 25	Psalms 86-89	
February 1 - 7	Psalms 13-15		July 26 - August 1	Psalms 90-92	
February 8 - 14	Psalms 16-18		August 2 - 8	Psalms 93-95	
February 15 - 21	Psalms 19-21		August 9 - 15	Psalms 96-99	
February 22 - 28	Psalms 22-23		August 16 - 22	Psalms 100-103	
March 1 - 7	Psalms 24-26		August 23 - 29	Psalms 104-105	
March 8 - 14	Psalms 27-30		August 30 - September 5	Psalms 106	
March 15 - 21	Psalms 31-32		September 6 - 12	Psalms 107-108	
March 22 - 28	Psalms 33-35		September 13 - 19	Psalms 109-112	
March 29 - April 4	Psalms 36-38		September 20 - 26	Psalms 113-116	
April 5 - 11	Psalms 39-41		September 27 - October 3	Psalms 117-118	
April 12 - 18	Psalms 42-44		October 4 - 10	Psalms 119	
April 19 - 25	Psalms 45-47		October 11 - 17	Psalms 120-123	
April 26 - May 2	Psalms 48-50		October 18 - 24	Psalms 124-127	
May 3 - 9	Psalms 51-54		October 25 - 31	Psalms 128-131	
May 10 - 16	Psalms 55-57		November 1 - 7	Psalms 132-134	
May 17 - 23	Psalms 58-60		November 8 - 14	Psalms 135-136	
May 24 - 30	Psalms 61-63		November 15 - 21	Psalms 137-139	
May 31 - June 6	Psalms 64-67		November 22 - 28	Psalms 140-142	
June 7 - 13	Psalms 68-69		November 29 - December 5	Psalms 143-145	
June 14 - 20	Psalms 70-72		December 6 - 12	Psalms 146-147	
June 21 - 27	Psalms 73-75		December 13 - 19	Psalms 148-150	

## Reading the Psalms in One Year: A Bible Reading Plan

Reading the book of Psalm in one year gives you an opportunity to read small portions of the bible each week so that you can spend time meditating on God's word. Use the following as a guide for your bible reading during 2026.

1. Pray.
2. Read the assigned readings everyday or spread them out for the week.
3. Highlight verses that have significant meaning to you.
4. Select a memory verse and spend a few minutes each day practicing the verse out loud.
5. Pray again.
6. Write down your thoughts and the things that God is saying to you in the scriptures