

Lectionary Bible Study For Sunday, February 22, 2026 (Lent 1)

Genesis 2:15-17, 3:1-7

Discussion Starters

1. What portions of the serpent's statements are true and which are false? Why do you think the serpent mixes truth with lies?
2. Compare Eve's responses with what God actually said and did. How does Eve hedge, fixate upon and amplify God's commandments? How does that play into Satan's schemes?
3. Why do you think Adam ate the fruit? Could he have resisted?
4. How can something that is "good" and "pleasant" be wrong?
5. How might someone today fall prey to the same tempting question: "Did God really say...?"

Romans 5:12-19

Discussion Starters

1. How has the sin of Adam affected his descendants to the present day? What does this truth mean practically for each person?
2. Paul contrasts the "gift" and the "trespass." What distinctions does he identify?
3. How is it fair that we be held accountable for an action taken by Adam?

Matthew 4:1-11

Discussion Starters

1. What about each of these three temptations might potentially appeal to Jesus? Which is the most legitimate? Which is the most shrewd?
2. What human need is at the heart of each temptation? How does Satan use those to tempt you?
3. What is the connection of this time of temptation to the baptism of Jesus?
4. How does Jesus respond to the temptations He is facing? Why is that a good strategy?

WRAP UP

What key insight did you gain from this Bible study? How might it make a difference in how you live today?